



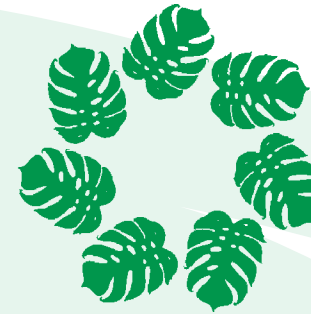
Kaua'i Hospice
a special kind of caring

Spring 2010 Newsletter

The Harry & Jeanette Weinberg Center for Compassion
4457 Pahe'e Street, Lihue, Hawai'i 96766
Tel. (808) 245-7277
www.kauaihospice.org

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Kaua'i Hospice
a special kind of caring

2010 is the Year of the Volunteer

The beginning of this year, we decided that 2010 was going to be the 'Year of the Kaua'i Hospice Volunteer.' Over twenty years ago, I was hired for the first of my many non-profit jobs at Chattanooga CARES AIDS Resource Center as Patient / Volunteer Coordinator. I was paid for 20 hours a week to coordinate 102 volunteers and 'case manage' 36 people living with HIV/AIDS. I can honestly say I worked over 40 hours a week coordinating the whole shebang. Why? I loved it. I was passionate about my work. Having not heard of Chattanooga CARES when my brother was dying, I had no idea there were people actually interested in helping those with HIV/AIDS, but there were. I was amazed and in awe because I wanted to 'know' them. So, over the course of my first year that's what I did. I sat and listened to their stories. I would ask the same question, "Why are you here?" Different reasons emerged but, the most profound and resonating response was, "I can't not be here. I feel called. I have been touched and want to help."

April 18-25, 2010 is National Volunteer Appreciation week. Kaua'i Hospice says thank you from the bottom of our hearts for the response to your call. Volunteers assist our organization in so many ways. Hospice care includes the offering of a volunteer(s) to families and their loved ones nearing the end of life. They provide companionship, reading, remembering, listening, joy sharing, tear dropping and the preciousness of 'being.' For the family and primary caregiver, volunteers offer respite, shoulders to cry on, hugs, laughter, support, listening and all they can to improve the life of the families of Kaua'i Hospice.

Additionally, we use volunteers to help in the office by answering the phone, data entry, contribution acknowledgement, library maintenance, minor repairs, newsletter preparation and the list goes on. And then there are those volunteers who help assure the success of our community events. They include our Annual July 4th Concert in the Sky, Tour of Homes, Trees of Remembrance and our Candlelighting Memorial. These volunteers number in thousands over the years.

Kaua'i Hospice is overseen by a volunteer board of directors who together work to assure the organization is doing its very best to be accountable, prudent and faithful stewards of the community's resources while focusing on the fulfillment of our mission.

On behalf of our staff, patients and families we serve, I want to say thank you so very much Kaua'i Hospice volunteers. You are the heart of hospice. You keep the blood pumping. You keep the mission and the dream alive. Kaua'i is a better place because of you and Kaua'i Hospice is successful and healthy because you help us to be so. We honor you.



Lori J. Miller

LORI J. MILLER
Executive Director



Volunteers

- V**aluable is the work you do.
- O**utstanding is how you always come through.
- L**oyal, sincere and full of good cheer.
- U**ntiring in your efforts throughout the year.
- N**otable are the contributions you make.
- T**rustworthy in every project you take.
- E**ager to reach your every goal.
- E**ffective in the way you fulfill your role.
- R**eady with a smile like a shining Star.
- S**pecial and wonderful that's what you are!

--unknown

How do you know when to call Kaua'i Hospice?

When someone you know has a serious, progressive illness and

- Is losing weight unintentionally
- Has difficulty or cannot care for themselves
- Seems to be declining physically and/or mentally
- Their caregiver is exhausted

If you can say yes to even one of these choices, call us today.

We want to help.

For referrals and information call
245-7277

Message from the Volunteer Coordinator

Aloha:

For over 25 years, volunteers have been the heart and hands of Kaua'i Hospice. We could not provide such rich and abundant services without the commitment of our exceptional volunteers. Volunteers are vital to every aspect of this organization. We thank you for your willingness to assist us in our mission – to ensure the highest quality of life possible for individuals and their families as they face life-threatening illness; to provide bereavement support to individuals, and to promote an understanding of Hospice services.

As the volunteer coordinator, I find myself learning and growing everyday: Each day being thankful that I've been called to service in this capacity. My heart truly overflows when I am privileged to witness the love surrounding and binding our patients and their caregivers. We are so honored to be allowed to be a part of our Hospice families' end of life journeys. Each home, each family has their own unique story, their own ways, their own "stuff"... but always one common ingredient - LOVE. They would not have chosen hospice without it!


Of course, you, our volunteers, are our golden, precious, most valuable assets. We could not have Kaua'i Hospice without you! Thank you for all you do!



SHARON LESLIE
Volunteer Coordinator

This-n-That

Kauai Hospice Goes Social

Join our growing community of friends and family on Kaua'i Hospice's new Facebook page! Network with each other, learn about upcoming events and lean on your hospice 'ohana during life's difficult times. Just search for "Kaua'i Hospice" and add a friend! 

Angels Among Us

Angel Givers provide Kaua'i Hospice a steady source of income that we can count on, which is vitally important to our planning efforts. Each month, Angel Givers make their contributions directly from a pre-approved credit card charge. It saves time for them and ensures that their ongoing support and generosity will assist us in providing the critical care and services our hospice patients and families need. If you would like to become an Angel Giver, please contact us at development@kauaihospice.org or call 808-245-7277.

Lasting Legacy

Have you been considering a bequest to Kaua'i Hospice in your will but are not sure how to go about it? You can give almost any kind of asset through a bequest including cash, securities, real estate, annuities and even personal property. A simple addendum to your existing will is all it takes to leave a lasting legacy.

We Want to Hear from You!

Kaua'i Hospice continually strives to improve our methods and keep our 'ohana involved and informed of the latest news, events and services available to them. As a result, Kaua'i Hospice offers you the opportunity to receive our newsletter via email. Email subscriptions reduce printing and postage costs, as well as our impact on the environment. If you would like to receive the Kaua'i Hospice newsletter via email, or be completely removed from our printed mailing list, please contact us at development@kauaihospice.org or call 808-245-7277.

Kaua'i Hospice, Inc.

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Spring 2010 Hospice Volunteer Class

Spring 2010 Volunteer Training was held throughout the month of March and a class of 11 new patient volunteers has been added to the roster of dedicated and caring individuals who give their time so generously.



Standing left to right: June Kodani, Evelyn Lechner, Kimberly Stevens, Cynthia Chiang, Eana Graves, Lisa Breen, Brandy Hamilton, Amber Tallent, Jennifer Cheek (KH Development and Community Liaison). Seated left to right: Leslie Kilcoyne (KH Registered Nurse), Jill Cegielski (KH Administrative Clerk), Beth Slatter, Sharon Leslie (KH Volunteer Coordinator), Perry Maglidt, Lindsay Kamm.

If you're interested in becoming a Kaua'i Hospice patient volunteer and would like to participate in our next training session, please reserve September 2010 on your calendar and contact our Volunteer Coordinator, Sharon Leslie, at 245-7277.



In our efforts to reduce our environmental impact, you may now access our list of donors online by visiting our website at kauaihospice.org. We remain appreciative to

all the generous donors who help us continue to provide community grief support and a superior level of care to our patients and their loved ones.

When you are through enjoying this edition, we hope you will consider recycling.



Mahalo nui loa.

Our Mission



To ensure the highest quality of life possible for individuals and their families facing a life-threatening illness; to provide bereavement support to individuals; and to promote an understanding of Hospice services.

Welcome! New Staff



Photo - Left to Right: Bec Yamamoto (Registered Nurse), Leslie Kilcoyne (Registered Nurse), Jill Cegielski (Administrative Clerk) and Jennifer Cheek (Development and Community Liaison)

2009 brought a great deal of growth to Kaua`i Hospice and we are blessed to be in the position to add new staff in order to meet the needs of our patients and families. Kaua`i Hospice is pleased to introduce the newest staff members to our hospice 'ohana.

- Bec Yamamoto is a Registered Nurse and a graduate of the Kauai Community College nursing program. Bec's calm demeanor and skilled approach is a welcome gift for hospice patients and families. A lifelong Kaua`i resident, Bec is a dedicated wife and mother.
- Leslie Kilcoyne is a Registered Nurse with over 20 years of experience. She was called to hospice after a long career at Wilcox Hospital in Lihue and a desire to impact the lives of friends and neighbors in a meaningful way. Leslie is active in her community and enjoys spending time with her family.
- Jill Cegielski was called to hospice after a personal experience compelled her to give back. She began her journey as a Kaua`i Hospice volunteer and was quickly scooped up as our new Administrative Clerk. Jill works in the book-keeping and accounting functions and continues to provide administrative support as a part-time volunteer.
- Jennifer Cheek is a 15-year public relations veteran and serves as our new Development and Community Liaison. Kaua`i Hospice's mission speaks to Jennifer on a personal and professional level and has led her on a life changing journey. She was a regular visitor to the Garden Isle for 30 years and now resides permanently in Kapa'a.

Kaua`i Hospice proudly presents...

Kauai Style

A TOUR OF ISLAND HOMES



The Tenth Biennial Event

**Sunday, May 16, 2010
11:00am – 4:00pm**

The Kaua`i Style Tour of Island Homes has become one of Kaua`i's premier events and has continued to grow in attendance and stature since its inception in 1992. This unique fundraiser provides residents and visitors a distinctive opportunity to tour island homes that have been carefully chosen for their style, appeal, flair and location.

This year's event features ten exceptional homes on Kaua`i's prestigious North Shore. The self driven tour from Kealia to Hanalei concludes with a reception at one of the showcase homes from 3:00PM – 5:00PM with entertainment by Ivo Monroe Miller.

Tickets are \$70 in advance and \$85 after May 1, 2010.

For tickets and additional information, please contact Kaua`i Hospice at 245-7277.

NO CHILDREN UNDER 13, PLEASE



Spring 2010 CALENDAR OF EVENTS

APRIL

Teen Bereavement Support Group
– **The Rainbow Connection**
Wednesdays from 3:00PM – 5:00PM
at Kaua`i Hospice
April 7, 14, 21 and 28

HFA Webinar, Bereaved Children and Adolescents: Lessons Learned From Research
Wednesday, April 14 from 7:00AM – 8:30AM
at Kaua`i Hospice

One Breath Workshop: Caring for Caregivers
Saturday, April 17 from 8:30AM – 12:00PM
at Kaua`i Hospice

Evening of Aloha, Volunteer Appreciation
Sunday, April 18 from 6:00PM – 8:00PM

“Living With Dying” End of Life Conference
presented by Kaua`i Community College
Tuesday, April 20 from 8:00AM – 4:00PM
at the Kaua`i Marriott

MAY

Train the Trainers Workshop on Youth Bereavement
Thursday, May 6 from 8:30AM – 3:00PM
at Kaua`i Hospice

Kaua`i Style Tour of Island Homes
Sunday, May 16 from 11AM – 4:00PM
Reception from 3:00PM – 5:00PM
Tickets are \$70 in advance; \$85 after May 1

Pet Loss Support Group
Thursday, May 20 from 5:30PM – 7:30PM
at Kaua`i Hospice

JUNE

Journey Through Grief Workshop
– **6 Week Series**
Tuesdays, June 1, 8, 15, 22, 29 and July 6.
From 5:30PM – 7:30PM at Kaua`i Hospice

HFA Webinar, Grieving Children and Adolescents: The Role of Internet Support
Tuesday, June 15 from 7:00AM – 8:30AM
at Kaua`i Hospice

JULY

Annual Concert in the Sky,
July 4th Celebration
Sunday, July 4, 4PM – 9:30PM

To learn more about any of the events listed above, please contact Kaua`i Hospice during normal business hours of 9AM – 4PM, Monday - Friday

ONE BREATH:

A Workshop for Caregivers

Saturday, April 17 from 8:30AM - 12:00PM
Kauai Hospice in Lihue

Kaua`i Hospice offers a unique workshop for family members, volunteers and professionals involved in caring for patients with long-term and terminal illness. Through easy-to-learn and practical skills, workshop leader Ibbie White Alshamma provides guidance to:

Discover renewed courage to approach difficult decisions
Learn new skills to alleviate stress and promote calmness
Find peaceful moments within demanding experiences

Please wear loose, comfortable clothing and bring a blanket and pillow for relaxing.
Call 808-245-7277 to make your reservations today.

Spiritual Care

“If you would learn the secret of right relations look only for the divine in people and things, and leave all the rest to God.”—J. Allen Boon

There are times when our world crumbles. At times we are faced with our own mortality, the limitations of our own power and our inability to control outcomes. At times like these, all we can skillfully do is bow to the moment and wait for peace, balance and harmony to be restored.

Buddhists, by nature, bow in acknowledgment that the world is full of suffering. They also bow knowing it is full of enlightened beings who manage to overcome suffering. It seems Buddhists already know what we all need to learn—to wholeheartedly agree to cooperate with the unavoidable—this is the secret and the essence of a bow. When we bow down to what is before us, this ends our suffering and leads us to an awakened heart, one where forgiveness takes hold and healing happens. Where God’s grace can work wonders beyond our wildest imaginings.

Without all our kind hearted volunteers who show up continuously in many and varied ways, we at Hospice would not be able to wholeheartedly serve our patients, families and the community at large. I want to take this opportunity to bow down in gratitude to all our volunteers who generously give of themselves to further the mission of our organization. Kaua`i Hospice volunteers witness first hand how people are taught to surrender to what they cannot change and how people learn to make peace with all the pain and confusion in mind, body and spirit. Just by their presence, volunteers can help those they serve to discover there is a deep part of each person that will always remain alive, whole, and in tact—a part that transcends death.

We bow to that which no one can take away and to those volunteers who honor that in those they serve.

Mahalo!



Blessings & Aloha,
REV. CAROLINE C. MIURA
Spiritual & Bereavement
Care Coordinator

How I Got Happier by Shorty Clark

As told by Virginia Fairfield Clark in his Own Way...

Believe me, this is no tall tail, but it’s something to bark loudly about. So, here’s my story:

Last Saturday a week, for the first time I had, like my mom, my own volunteer caretaker provider! People have come to her from Kauai Hospice to give her help, but today something new was added because they’ve included me! Of course, I didn’t ever guess this kind of good luck could happen to me, but I’m going to tell you about it now.



A wonderful man, Marty Hoffman, came and took me for my own walk! Taking me for walks was even what my doctor had ordered, but my own mom could never do it for me, she is 90 years old and disabled now. It made her sad, though, I could see, that she could never walk me again.

But now, my future has changed! That’s because Sharon Leslie, the Kauai Hospice Volunteer Coordinator and Dr. Becky Rhoades of the Kauai Humane Society worked out something together to benefit dogs like me. Disabled peoples’ dog they love so can be given walks by thoughtful caregivers like Marty! Now he’s become my special friend. He comes every Saturday morning, puts my leash on, and out we go!

How did they know it would make me so happy? But it does.